

## Region 32 Girls A Basketball Rules 2025-26

1. Teams for 2025-26 season  
VGA: Regina Angelorum, Sacred Heart, St Denis, St Katharine, St. Margaret, Sts Coleman-Neumann  
JVGA: Sacred Heart, St Denis, St Katharine, St. Margaret, St. Monica, STS Coleman-Neuman, St Thomas-Good Counsel,
2. Rosters and coaches affidavits needs to be submitted to [Dougherty317@gmail.com](mailto:Dougherty317@gmail.com) before 1<sup>st</sup> league game.
3. Length of games: JV and Varsity: 7 min qtrs, 3 min overtime. 5 Minutes on clock for warmups start clock when court has cleared.
3. Timeouts: 3 full, 2 thirty second timeouts. Coaches can call timeouts.
4. Referee fees: \$50.00 per team If only 1 ref shows – the fee is \$80 total or \$40 per team.
5. Rule Change from 2023-24 remains: Free Throw bonus will no longer be one-and-one on the 7<sup>th</sup> and 2 shots on the 10<sup>th</sup> foul of each half. On the 5<sup>th</sup> team foul of each quarter, the bonus will be 2 free throws. This will reset back to zero at the start of each quarter. **It is critical that we have an adult as official scorer and aware of this rule change.**
6. Regular Season Schedule. Begins Saturday, Dec 6<sup>th</sup> and end the weekend of Jan 24/25. VGA will play 10 games and JVGA will play 12 games with each team playing 2x.
7. Region 32 post-season tournament: All teams will participate in the post-season tournament. VGA - top 2 seeds will advance to the Semi-Finals with 3<sup>rd</sup> seed playing 6<sup>th</sup> seed and 4<sup>th</sup> seed playing 5<sup>th</sup> seed in first round.  
JVGA – top 2 seeds will advance to Semi-Finals with opening round of 6<sup>th</sup> seed playing 7<sup>th</sup> seed and winner plays 3<sup>rd</sup> seed in the quarter-finals and 4<sup>th</sup> seed plays 5<sup>th</sup> seed in the other quarter-finals. Dates and times are still to be determined. We need to report our league AOP representatives by Thursday, Feb 5<sup>th</sup> – so the finals will not be super bowl weekend this year.

### **AOP TOURNAMENT – Both Varsity and JV:**

VGA – we have historically received three bids in the AOP tournament. We will learn mid-January how many seeds we will be granted. Based on our success in this tournament as a region, we hopefully will still be awarded 3 VGA bids. If it is the same the regular season champion\* and tournament champion will advance to the archdiocesan tournament. The Tournament champion will secure the top seed in the AOP tournament and runner-up the 2<sup>nd</sup> seed. **THIRD BID**: If Region 32 gets a third bid and the regular season winner (no tie) is not in the championship. They will secure the 3<sup>rd</sup> bid. If they are in the championship game, we will need to play a consolation game to determine the 3<sup>rd</sup> team. This game will feature the losing teams in the semi-final round.

\*Regular season champion is determined by best in-region record. If two teams are tied for first place after the regular season, then the 2 bids will revert to the teams that advance to the tournament championship.

**JVGA AOP Tournament.** 16 total teams in the tournament last year has been increased to 24, 1 bid for each 11 regions with 13 at-large bids. We hopefully be able to make a case for a 2<sup>nd</sup> and

possibly a 3<sup>rd</sup> bid.

8. **MERCY RULE:** Archdiocese Rule – at any point in the second half – if the spread reaches 30 points, the game will continue with a running clock and only stop for timeouts, free throws and injuries requiring a coaches attention for the remainder of the game, regardless if the spread falls back under 30 points.
9. **All-Region Team (Varsity Only):** All-Region will comprise of 1 Player of the year award and 5 all-region players. The POY will receive a Trophy and a T-Shirt. The 5 all-region players will receive a T-Shirt. Coaches will vote for 2 players from opposing teams (cannot vote for a player from your team).
10. **All-Star game:** Looking to secure Super Bowl Sunday at Merion Mercy for a doubleheader to get JVGA and VGA all-star games played. More info to come.
11. Unsportsmanlike Conduct: Unsportsmanlike conduct on the part of coaches, players, or fans will not be tolerated in any form for any reason. There will be an automatic one game suspension for ejection from game. **CYO head coaches are responsible for the behavior of their assistant coaches, players, parents, and fans.** Unsportsmanlike conduct also includes running up the score. Please try your best when the spread reaches 20+ points to pull back any pressure defense, fast breaking and allow your subs to get good minutes. This is a point of emphasis from the Archdiocese.
12. Certification: All adults on the bench must be certified. First year coaches must attend a coaches' orientation prior to coaching their first game. Check with your AD regarding certifications.
13. Table: **There should be two adults working the table during the game. Anyone working at the scoring table must refrain from commenting to refs. Please use adults!!!**
14. First Aid Kit: Each team must have a First Aid Kit on their bench.
15. Prayer: Every game is to begin with a Prayer at Center Court.
16. Scores: All coaches are to report the scores of their league games via email to Team Snap. If the score has already been reported by the opposing coach, there is nothing to report unless there is a discrepancy.
17. Rescheduling games: If a game needs to be rescheduled due to weather, conflict, etc, the coaches are responsible for getting gym time and getting officials. Contact our ref assignor Christine McCafferty to schedule officials. **PLEASE NOTE:** It is highly recommended to schedule games in pairs. For example, if the schedule calls for a JVGA/VGA doubleheader and you need to move one of them, if possible, moving both makes life easier for the officials.

#### **J.V. Rules that are different from Varsity**

Full Court Pressure: **J.V. will allow full court pressure in the second and fourth quarters.** There will be a twelve-point rule. **Once the spread reaches twelve (12) points,** the press must come off by the team holding the lead. There will be one warning followed by technical(s). Full court pressure will be allowed in overtime. In the second and third quarters, the defense must wait behind the three-point line until the ball crosses half court.

Foul Shots: Foul shots will be shot from 15 ft. (regulation). However, you may go over the line, after the ball is released.

**Good luck and most importantly, HAVE FUN!!!**

**Contacts:**

Commish: Brendan Dougherty (dougherty317@gmail.com/610-715-1287)

Referee Assignor: Christine McCafferty ([christinemccafferty@verizon.net](mailto:christinemccafferty@verizon.net)/484-557-7411)

Region 32 Basketball Coordinator: Greg McGinn (610-308-3938/greg\_mcginn@hotmail.com)

**Other Notes:**

All league games are assigned by the league assignor. If you are playing Non-league games and require referees, you can contact our league assignor and request referees or you can get other refs for your Non-League Games. Our assignor has requested that one week's advance notice be given for a Non-league game.